

**MINDOLO ECUMENICAL FOUNDATION  
SWEZAM PROJECT**



**2012 FOUR QUARTER REPORT**

**October - December, 2012**

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## 1. Introduction

This report covers the activities conducted by SWEZAM project during the period of October 2012 to December 2012.

The report is divided into three Sections (A, B and C). Sections of the report outline the activities covered with resolutions, lessons learnt, recommendations and conclusion.

## 2. SECTION A

### 2.1 Statistical Estimates

The following is a table that shows the primary target that was reached during the quarter under review. The figures in the tables were captured using the following tools:

- i) Weekly Meetings Activity Forms – during SWEZAM Youth School Club Meetings
- ii) Physical head counts by Club Facilitators/Coordinators –during Joint Meetings
- iii) Physical head counts of the youth present during an Outreach at Potters House Church
- iv) Youth present during the Parents-Child Dialogue workshop
- v) Head Counts of Parents present during the Parent Gender Peer Education workshop
- vi) Head Count of Parents/Guardians during the SWEZAM World AIDS day function

***Tables Below are the figures collected as per activity under taken;***

No	Distribution	Number of Schools	Total Number	Males	Females
1	Youth club members reached during SWEZAM Youth club meetings	7	401	199	202
2	Number of Youths reached during the Joint meetings	-	35	15	20
3	Youth reached during an Outreach at Potters House Church	-	83	43	40
4	Youth reached during the SWEZAM World AIDS commemoration	-	34	15	19
5	Youth reached during the Parents-Child Dialogue workshop	-	21	9	12

### **Secondary Target group**

Secondary Target groups are the people that the SWEZAM project reaches through outreaches, workshops, themes days, eg; Inter School Debate Competition.

<b>No.</b>	<b>Distribution</b>	<b>Number of Schools (Basic) Visited</b>	<b>Total Number</b>	<b>Males</b>	<b>Females</b>
1.	Number of Youth reached during the SWEZAM Inter School debate Competitions	-	-	-	-
2.	Patrons/Matrons and Coordinators /Facilitator's One Day Meeting	-	-	-	-
3.	Number of parents reached during dialogue meeting (Parents-children Workshop)	-	-	-	-
4.	Number of Parents/Guardians reached during the Parents Gender Peer Education workshop	-	-	-	-
5.	Peer Education and Capacity Building for MEF Students(MEF students Peer Education Group)	-	20	8	12
6.	Outreach Activities in Schools(churches)	-	150	61	89
7.	Outreaches to High and Children Schools	-	-	-	-
10.	Planning Monitoring and Evaluation	-	-	-	-
11.	World AIDS Day(Parents/Guardians)	-	74	30	44

In the quarter being reported, the project reached a total number of **people 818 (380 males and 438 females)**

### 3. SECTION B

This section of the report looks at the activities that were conducted by the project in details, in terms of the name of the activity, specific dates when the activity was carried out, number of people reached and the venue for the activity. The activities include;

- (i) **Parents –child Dialogue Workshop**
- (ii) **Joints Meetings**
- (iii) **Peer Education and Capacity Building Workshop for MEF students**
- (iv) **Outreach to Youths at Poster’s House Church**
- (v) **SWEZAM World AIDS Day Commemoration**
- (vi) **Parents-Gender Peer Education Training Workshop**
- (vii) **Planning, Monitoring and Evaluation**

#### 3.1 Parents-Child Dialogue Workshop Meetings

**Activity Date: 29<sup>th</sup> October, 2012 to 31<sup>st</sup> October, 2012**

**Number of participants reached: 15 Parents and 7 Youths**

**Planned Amount: K 6,763,500**

**Actual Amount: K 6,763,500**

**Budget line Ref. No 7**

**Venue: Mindolo Ecumenical Foundation**

The workshop was opened by Mr. Michael Mwanachongo- Head of Programmes. He explained to the parents and youths in the workshop that MEF was proud to host such a workshop that brought together parents and youths from different communities and backgrounds. He urged the parents and youth to make the most of the opportunity and engage in discussions relating to real life home situations.



The Parents-child Dialogue workshop was facilitated by Afya Muzuri, and other facilitators –Mrs Linda M. Simbeye and Mrs Rose Mwale. The last two led the participants during all the sessions using different methodologies such as;

- **Classroom facilitation method**
- **Question and Answer sessions**

- **Group Work and plenary sessions**
- **Role plays**

The Parent-Child Dialogue Workshop covered the following topics;

- ✓ **Role of Parents as sex educators**
- ✓ **Identifying Risks**
- ✓ **Building Health Protective Communication Skills of Youths**
- ✓ **What was it like for you**
- ✓ **Saying No in unsafe situations**
- ✓ **Exercise “I wish I had Known”**
- ✓ **Getting to know child – Youth sexual development**
- ✓ **Relationships**
- ✓ **What I always wanted to know?**
- ✓ **Seizing the teachable moment**
- ✓ **Obstacles to open communication –Sex**
- ✓ **What does it mean to be a real man/woman**
- ✓ **Making Contractual obligation**



Parents and youths deliberated and engaged in deep and interesting discussions centering on the above topics.

The workshop was a success in that the number of parents/guardians that were targeted and invited to attend all turned up.

There was a fair gender representation in comparisons to the previous parents-child dialogue workshop that has had more female parents than of male parents.



The parents' attendance was 100%. 15 parents were invited and 15 parents attended. All the parents that participated in the workshop were attending the parents-child dialogue workshop for the very first time and therefore they were eager to learn more and share their experience during the workshop.

The vote of thanks was given by one of the parents –Mr. Bernard Kapungwe who thanked the SWEZAM project and MEF for the wonderful and educative workshop organized. He expressed satisfaction that parents were going back to their homes equipped with the worth of knowledge and information attained during the three days workshop.

### **3.2 Joint Planning Meetings**

**Activity Date: 5<sup>th</sup> October, 2012, 19<sup>th</sup> October, 2012, 7<sup>th</sup> November, 2012, 15 November and 28<sup>th</sup> November, 2012**  
**Number of participants reached: 13 facilitators /coordinators and 21 SWEZAM School youth club leaders**  
**Planned Amount: K 5,040,000**  
**Actual Amount: K2, 100,000**  
**Budget line Ref. No 1.3**  
**Venue: Mindolo Ecumenical Foundation**

The joint meetings were on the above said dates. The meetings were used to plan for activities such as workshops, outreaches and theme days activities (World AIDS day). Apart from planning the activities, the meetings were also used to evaluate the club's weekly activities in the month of October. During the same meetings club coordinators/facilitators and leaders were accorded an opportunity to share on some of the challenges and lessons learnt in running the school clubs. Workshops attendance and outreach roles of facilitations were delegated to each and every youth leader and coordinators/facilitators during the same joint meetings.

The November meetings were used as MEF-SWEZAM world AIDS day preparatory meetings where all the youth attended to rehearse the play, dances, poems and speeches.

### **3.3 Peer Education and Capacity Building Workshop for MEF students**

**Activity Date: 9<sup>th</sup> November 2012 to 11<sup>th</sup> November, 2012**  
**Number of participants reached: 20 Students**  
**Planned Amount: K 4,961,500**  
**Actual Amount: K 4, 961,500**  
**Budget line Ref. No 13**  
**Venue: Mindolo Ecumenical Foundation**

The MEF Students Peer Education and capacity building training was the first of its kind the SWEZAM project was holding since its inception. The workshop received overwhelming responses among the general MEF student population.



When the announcement was made in Chapel asking the students who would be interested in the training and after explaining how the training would be conducted and how one could register. Within 20 minutes after the announcement, students flocked to the SWEZAM project office to register their names and within a short time, 20 students had already registered and more than 20 were still waiting outside the office with the hope of being registered. However due to the budget limitations, the project could only manage to register and train 20 students.



The 20 MEF students comprised Zambians, Malawians, and students from Lesotho. The twenty students came from the following courses;

- **Journalism, Media and Communication**
- **Community Development**
- **Peace Building and conflict Transformation**
- **Social Work**

The training ran from Friday to Sunday and was facilitated by Afya Muzui officers. All the students were being trained in peer education and capacity building for the first time and so the sessions were long and very interactive. The twenty participants kept asking the facilitators questions and debated the issues of HIV and





## AIDS amongst the youth population.

The facilitator started by giving the participants a situation analysis of HIV and AIDS on the copperbelt province explaining to them the towns where HIV is highly prevalent, Body Mapping –Male and female reproductive systems, facts sheet HIV and AIDS women and AIDS, Key drivers

Role of Peer Educators, Sexually transmitted infections, management and prevention of STIS. Opportunistic infections, voluntary Counseling and testing (VCT), Positive living, General Health, Condom use and demonstration, Practicum of



methods of facilitation Fact sheet HIV and AIDS, methods of dissemination of information and participants watched a video on silent epidemic. The images the students saw shocked them as they was silence in room.

On the last day of the workshop, the participants went through a session of practical facilitation where each participant was given 8 minutes to facilitate using any of the methodologies they were taught. This was a good time for the facilitators to assess each and every participant. Furthermore they gave them a workshop pre-assessment test and this was used as an evaluation tool to determine how the information was received amongst the participants. After marking the test papers it was observed that 80% of the participants fared well in the test and the other 20% facilitators had to go through the test papers with them to ensure that they helped them catch up in the topics they didn't do well during the test.



The workshop was held during the weekend, so the certificates were presented to the students the following week in MEF chapel on a Thursday morning. The certificates were handled to the students by the MEF Director, Head of Programmes, Acting PRO and the MEF chaplain.

After the certificate presentation, the Director congratulated the students for taking the interest to be trained as peer educators. He also, urged them

to disseminate the knowledge amongst their fellow students and encouraged them to walk the talk as they were mandated to do that now that they had been trained as peer educators.

The vote of thanks was given by Theba Mudia a media student, and he thanked the SWEZAM project and MEF for according the 20 students a chance to be trained as peer educators. He, on behalf of his fellow participants, informed the Director that they enjoyed the workshop as it was an eye opener and very educative.

### **3.4. Outreach to the Youth at Potter's House Church**

**Activity Date: 16<sup>th</sup> November, 2012**

**Number of participants reached: 83 Youth in the church**

**Planned Amount: K 1,096,000**

**Actual Amount: K 1,096,000**

**Budget line Ref. No 2.3**

**Venue: Potter's House –Chimwemwe**

The outreach was the first of its kind being carried out by the SWEZAM project in a church setup.

Potter's house Church is one of the Pentecostal churches based in Chimwemwe. The church has total number of about 1000 youth members according to the information collected from the youth pastor of the same church. The youth of this church are a mixed group of High School going, university/college youth, high school leavers youth;



employed/unemployed youth and school drop out youth. Although the church on record has that number of youths, the actual numbers of youths that are committed and attend the weekly youth meeting are between 200 to 300 youth.



The SWEZAM project on the 16<sup>th</sup> of November held its HIV and AIDS outreach to 150 youths at Potter's house. The SWEZAM entourage comprised of club facilitators/coordinators and the new club leaders that were

trained in August as Peer Educators.

The club facilitators/coordinators were tasked to make the presentations and new leaders were tasked to learn and see how the SWEZAM project conducts its outreaches. This was more or less an orientation for new leaders as they were attending the outreach for the first time.

The outreach layout was in this manner;

- ✓ **Introduction of the entourage and the background of the SWEZM project –Bruce Mubanga**
- ✓ **Definition of HIV/AIDS –Anothino Phiri**
- ✓ **How HIV/AIDS is spread –Christer Ukuimi**
- ✓ **Prevention of HIV/AIDS –Yalya Kabanshi**
- ✓ **VCT - Justine Kabwe**
- ✓ **Stigma and Discriminations -Loveness Nyirenda**
- ✓ **Questions and Answers –All**

The methods of presentations involved questions and answers, facilitation, classroom setups and use of Aids (diagrams that were drawn on flip charts)



The church youths were very attentive and had a number of questions to ask especially on VCT. An indication that the church youth are lagging behind when it comes to the issues of HIV and AIDS. The club facilitators/coordinators represented themselves maturely and professionally during their individual presentation.

After the outreach the youth pastor assured the SWEZAM project that the church will soon be calling on them again as time was a major limiting factor, leaving a number of things unfinished. He however thanked the entourage for their coming and for their valuable shared knowledge.

### 3.5 SWEZAM World AIDS Day Commemoration

**Activity Date: 8<sup>th</sup> December, 2012**

**Number of participants reached: 108 Youths and Parents/Guardians**

**Planned Amount: K 7,827,500**

**Actual Amount: K 7,827,500**

**Budget line Ref. No 8.4**

**Venue: Mindolo Ecumenical Foundation**

The SWEZAM World AIDS Day was the only activity that remained to be implemented under the theme days activities in the 2012 activity based budget (ABB).

The SWEZAM World AIDS day function was held on the above mentioned date. This year's world AIDS Day had a new audience in terms of parents and guardians in attendance.



The new leaders of clubs were also participating in the function for the very first time thus, had a lot of enthusiasm from the new leaders to show case their talents in front of their parents/guardians. The parents/guardians on the other hand came with a lot of expectation and eagerness to see their children in action (on stage).



The 2012 SWEZAM World AIDS Day function had a number of activities lined up and these were; Poem Presentations, Drama (play), Speeches, Routine Dance, Voluntary Counseling and Testing (VCT) which was conducted by Officers from New Start Centre. The programme run as follows;

- ✓ **The moderators of the function were Loveness Nyirenda and Yalya Kabanshi both Club Facilitators/coordinators.**
- ✓ **SWEZAM Background was presented by the Bruce Mubanga –Youth Organizer**

- ✓ **The Routine dance was done by all the SWEZAM Project members (School club leaders and coordinators/facilitators)**

The Poem was cited by Anotion Phiri, Gift Kapungwe, Natasha Kamwela and Christer Ukumiwi(All club leaders expect for christer ( Poem Narrator)

The Poem was entitled “THE OUTFIT” it centered on a young lady having an inner war in her mind of the outfit to put on. The other two characters one was portrayed as the decent character voice urging the young lady and ensuring she picks decent attire and the other character



voice was in contrast by using enticing words to make the girl wear indecent attire that is revealing and exposing her body. The girl would think aloud and ask the two characters questions and they both would speak each given time to present their augments. The last part of the poem was a conclusion.

- ✓ **The Speech was given on behalf of all the SWEZAM project members by Chishimba Katongo(Attached –SWEZAM World AIDS day Speech)**
- ✓ **Entertainment – there was a song done by Antonio and Chishimba**
- ✓ **The VCT talk was conducted by Mr Lupia Banda from New Start Centre**

In his talk he urged parents to be more open with their children and freely talk about sex and sexuality as not talking to them will result in them getting harmful information from the internet, movies and from negative peer pressure groups. He emphasized on the need to have an open dialogue with their children. The children were



advised to be free and not just think parents are “old fashioned” in terms of having knowledge of today’s world. A parent he explained is better placed to give advice as they were once youths before.

- ✓ **Narration of the play before acting was given by Ruth Machimu**
- ✓ **Acting of the main play was done mostly the new club leaders with one or two club facilitators/coordinators taking up the role of mother and father.**

The play focused on two young girls that were HIV positive. One was carrying it since birth but never knew she carrying the virus and the parents kept it from her for over 19years. But it was time for the parents to disclose after she had fallen pregnant. The other young girl was infected by her uncle who raped her when she was 11years old. He was HIV positive thus passed on the virus to the young girl. The play touched on a number of important thematic area that the project works to put across to its target groups. Areas such as; sexual peer pressure amongst the youth, parent –children communication in homes, gender based violence and HIV/AIDS. It was a well written play by Gift Chintakwa a club facilitator/coordinator and wonderfully acted by the SWEZAM project members.



- ✓ **The Vote of thanks was given by Benjamin Busaka(Find as attached –World AIDS day Vote of Thanks)**

The programme ended with all the invited guests being invited for lunch in the dining hall and New Start was conducting VCT. All the SWEZAM Project members including the youth Organizer tested for HIV, some MEF students, MEF general Workers, youths that are living within MEF campus and some parents that attended all underwent the HIV test. A total of 69 people were tested!

### 3.5 Parents Gender Peer Education Training

Activity Date: 11<sup>th</sup> December, 2012 to 13<sup>th</sup> December, 2012

Number of participants reached: 14 Parents

Planned Amount: K 4,973,500

Actual Amount: K 4,973,500

Budget line Ref. No 4

Venue: Mindolo Ecumenical Foundation

The Parents Gender Peer Education training was for the same parents that attended the Parent-child Dialogue workshop. This time around when the workshop was held, the SWEZAM project aimed at ensuring there was consistency in terms of equipping the parents/guardians with Gender Peer Education skills. Thus, the Parent-child dialogue was used as a premise for Parent Gender Peer Education training.

The workshop once again was facilitated by Afya Muzuri Officers –Mrs Rose Mwale and Mrs Linda M. Simbeye.

The parents' attendance on the first was low but encouragingly picked up on the second day.

The Parents were during the workshop taken through in the following topics;

- ✓ **Defining Gender**
- ✓ **Mapping Gender Norms**
- ✓ **Values in the Zambian context**
- ✓ **Gender Power and Sexuality**
- ✓ **The New Gender ACT, its Application and Key terms**
- ✓ **How to we plan a session(Questions to ask in planning, writing learning objectives, how do we learn best)**
- ✓ **Getting protection**
- ✓ **Making a compliant (who can assist, protect orders)**
- ✓ **What conditions that can be include in the protection order**
- ✓ **How to facilitate skills –based learning**
- ✓ **Ideal Man, Ideal Women**
- ✓ **Values clarification exercises**
- ✓ **Place of safety, management and administration**
- ✓ **Development of work plan**

At the end of the workshop (day three) the parents were made to develop work plans and map the next course of action. They were urged that they must not just look to what the SWEZAM project can offer them in terms of financial support as they can go back in their respective churches and

communities and ask for permission to meet their fellow parents to reach them with the gender messages! The group had pastors attending and so they were all in agreement that the church will be the right place to start from.

Another highlight of the workshop was the Gender Based Violence that that was effected in 2011 by the republic of Zambia Government. The facilitators took time to go through the document with the participants and each participant was given a copy of the Act to go with.

## **6. SECTION C**

### **7. Resolutions**

1. The Trained MEF students resolved to form a Students' HIV/AIDS peer Education group to carry out peer education within MEF among the MEF students' population and the colleges around MEF
2. The parents/guardians also resolved to carry out Gender Peer Education outreaches in their churches and communities
3. New start Centre will spread their work in the SWEZAM youth clubs in the High Schools sometime next year (2013).
4. The SWEZAM Project will hold more church outreaches in the coming years

### **8. Lessons Learned**

The project reached some target groups that it had never reached before (MEF students and church youth outreach) and going from the response from students and the church youth members) the SWEZAM project is relevant to MEF students in terms of the activities it undertakes

### **9. Recommendations**

1. There is need to have more MEF students trained in HIV/AIDS peer Education trainings as this will create a great sense of positive behavioral changes amongst the general students populations!
2. More church youths need to be reached through outreaches as there are so many churches around MEF campus and the youths need to be reached



3. A need to maintain the newly trained Parents Peer Education group and for the SWEZAM project offer the group technical, material and financial(if possible) support.

## **10. Conclusion**

It goes without saying that the project has made a number of positive strides with its holistic approach when it comes to its activity executions in the quarter under review!