

# **MINDOLO ECUMENICAL FOUNDATION**

## **SWEZAM PROJECT**



**2011 FOURTH QUARTER REPORT**

**October –December, 2011**

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## INTRODUCTION

The report covers the activities which the SWEZAM project undertook from October to December 2011.

## THE STATISTICAL ESTIMATES OF THE NUMBER OF PEOPLE THE SWEZAM PROJECT HAS REACHED

### Primary target Group

No	Distribution	Number of Schools	Total Number	Males	Females
1	School Outreach at Salem Children Village School	1	400	290	110
3	Number of youths reached during the SWEZAM World AIDS day Event	-	30	17	13

### Secondary Target group

No.	Distribution	Number of Schools Visited	Total Number	Males	Females
1.	Number of teachers reached during Lisa's visit	-	6	6	-
2	Number of parents reached during the Parent-Child Dialogue Workshop	-	11	3	8
3	Number of Parents/Guardians reached during the SWEZAM World AIDS day Event	-	55	20	35
3	Number of Youth reached during a live World AIDS day Event Interview	-	4,000,000	-	-

**OVERALL TOTAL OF PEOPLE REACHED  
IN THE THIRD QUARTER OF 2010 = 4,502,000**

## School Outreach at Salem Children's Village

**Date of Activity: 28<sup>th</sup> October, 2011**  
**Number of people reached: 400 children**  
**Budget Allocation: K1, 644,000**  
**Budget Reference Number: 2.3**

### Introduction

The SWEZAM project held an outreach on 28<sup>th</sup> October, 2011 at one of the community schools called Salem children's village. Salem Children's village is one of the private schools in Mindolo Township. They have pupils ranging from grade one up to grade seven. The school has a pupil population of about 400 children from the neighborhoods of Mindolo. The SWEZAM



project prepared nine youth club members (new school club leaders) who took part in the presentation/facilitation and present was the youth organizer and other youth club members from youth clubs one, two and three.

The outreach that was planned targeted only the grade six and sevens. However, the school does not have a facility (school hall) that can house/ accommodate the two grades; the pupils were divided into two classes. The first class consisted of grade six pupils who were about 70 and the second class consisted of grade seven pupils who were about 80. 70 % of the total audience was that of females and 30 % comprised of males.

## THE PRESENTATIONS/FACILITATION

### Introduction to the SWEZAM Project

Annette Musonda a youth club one member gave a brief background of the SWEZAM project. In her presentation she included;

- The location of the centre**
- The school clubs**
- The youth clubs**
- The partnerships**
- The three thematic areas**



### Definition of HIV/AIDS

Eunice Kaoma Vice -President of Chibote Girls High School SWEZAM Youth club introduced the topic using the question and answer method where she asked the pupils to define HIV/AIDS. The response from the pupils was overwhelming for they knew what the initials meant but they didn't know the differences between the two so Eunice explained the **differences** and **the relationship between HIV and AIDS** being;

**HIV** -is a virus that causes AIDS. When a person has been infected with HIV, the virus weakens the body's defense system against illness. The body then is unable to fight off illnesses .It is when these illnesses have occurred that we say that a person has AIDS.AIDS therefore is an outcome of HIV infection.



## Spread of HIV and AIDS

Antonio Phiri President of Chamboli High School SWEZAM Youth Club took over from Eunice taking the group into the spread/transmission of HIV/AIDS and the modes of transmission he talked about included;

- ✓ **Mother to baby transmission during giving birth if not done properly**
- ✓ **Mother to baby transmission during breast feeding**
- ✓ **Through blood transfusion of infected blood**
- ✓ **Sharing of needles/syringes (primarily for drug injections) and other sharp instruments with someone who is infected.**
- ✓ **Sexual contact with infected person.**



The interesting part was when he got to the last heading (Sexual contact with the infected person) how the pupils were responding to his questions regarding sex. The pupils as young as they were had answers to the topic. This gave him an idea of how to handle the topic.

## Prevention of HIV and AIDS

Albertina Mwamba then came in with the prevention of HIV/AIDS where she used the ABC approach. **Abstinence, Being faithful to one sexual partner and using a Condom** every time one has sex. She also talked about condom use and then wrapped up her presentation by sharing the other preventive measures where she talked about **Avoiding sharing skin piercing instruments e.g. needles, razor blades etc. sterilizing all contaminated skin piercing instruments. And advising pregnant mothers to seek medical attention when they are pregnant.**

## **Stigma and Discrimination**

Musenga Chisenga President of Ndeke High School SWEZAM Youth Club handled stigma and discrimination were he explained the negative aspects associated with stigma and discrimination he explained that due to the same many people that have been found with the virus are failing to come out in the open .He mentioned to the pupils that if you are not infected then you are affected we need to support and love those that are found with the virus.

## **Voluntary Counselling and Testing (VCT)**

Mercy Kalasa Vice President of Chamboli High School SWEZAM Youth Club handled the VCT who also stated with asking what the letters VCT stands for but the pupils did not know anything about it so she went on with explaining what it meant saying its mans Voluntary Counseling and Testing. The also explained the stages



on how it is done and why t is called voluntary. In her conclusion she talked about the importance of VCT.

## **Treatment**

Lubona Kafumbwe from Youth club three then talked about the treatment were she talked about the ARVs the Anti-Retro Virus drugs that are given to patients with very low CD4 counts to boost their immune system she then talked about good nutrition that is very important to people living with the virus.

## **Question and Answer**

This session was tackled by every one that was present

## **Challenges Faced During the Presentation**

At first the audience was very shy to respond to questions then came up with a trick of giving a sweet to the one who answers a question and Christopher Ndumba from Youth Three Club did an energizer with them and that boosted their tempo and on the presenters (SWEZAM members) part for most of them it was the first time to present in public after undergoing the training so their confidence was a bit low but picked up later after getting used to the audience.



## **The Board Chairperson's Visit**

**Date of Activity: 31<sup>st</sup> of October to 4<sup>th</sup> of November, 2011**

**Budget Allocation: SWEZAM Board Expenses**

**Budget Reference Number:N/A**

### **Introduction**

The board chairperson every year between Oct –Novembers visits MEF specifically the SWEZAM project. With a purpose of coming to conduct a routine monitoring (check through of both the programmatic and financial operations of the project). In 2011 the board Chairperson came to MEF on the 31<sup>st</sup> of October 2011 and left on the 4<sup>th</sup> of November, 2011. During his visit he held meeting with a number of people that are key to the operations of the SWEZAM project and these being;

### **Meeting with Director William Temu, Bruce present**

The SWEZAM board Chairperson and the MEF Director where meeting for the very first time, though they had been communicating to each on via emails and phone calls.

The director explained to the board chairperson on what MEF has been doing in the most recent past and the Strategic framework that was developed outlaying

the roadmap for MEF in the next five years in terms of its existence, product/service delivery and partnerships.

The Framework is very ambitious and means a total remake of MEF and a massive investment for recruiting key personnel and repair and maintenance of the infrastructure. If they succeed MEF will become an attractive and competitive teaching institution in the region with revenues covering the operational costs.

Key persons to recruit:

- **Director**
- **Financial and administrative manager - chartered accountant**
- **Communication and fund-raising manager**
- **Programme manager**
- **Project manager**
- **Librarian**
- **Qualified lecturers**

### **Meeting with Bruce to review status, plans and budgets**

During the meeting with Bruce, the board chairperson looked at 2011 status of activities. The activities that have been undertaken and the pending ones. Many activities were delayed due to late funding. Afterwards, he advised Bruce to work on the work plan to show how the pending activities will be implemented and when.

### **Meeting with Project Accountant and his assistant - Tyson, Geoffrey and Bruce**

The SWEZAM Project Audit management response was reviewed during the meeting. Every response was looked at and discussed to see if what was given in the responses was being implemented. It was a fruitful meeting.

### **The SWEZAM treasurer's visit**

**Date of Activity: 28<sup>th</sup> November, 2011 to 2<sup>nd</sup> December, 2011**

**Number of people reached: 43 (Parents, Teachers, Youths & MEF staff)**

**Budget Allocation: K3, 000, 000**

**Budget Reference Number: 11**

The board treasurer was coming to visit the SWEZAM project at MEF for the first time. She was in MEF working on the SWEZAM Project related matters from Monday 28<sup>th</sup> November, 2011 to Friday 2<sup>nd</sup> December, 2011. During her stay and visit, the board treasurer held meetings with the following MEF office bearers;

1. **The Director**
2. **The Management Accountant**
3. **The projects Administrative officer**
4. **The Youth Organizer**

And the other people she met with were;

1. **The SWEZAM Project youth members (Youth one, Two, Three and the new club leaders)**
2. **The parents**
3. **and The SWEZAM Youth Clubs Patrons and Matrons**

Furthermore, she attended the parent-child workshop.

During these meetings a number of activities and decisions were made as regards to Monitoring and Evaluation tools for the SWEZAM project so that the impact and work of the project is measured.

### **Parent –Child Dialogue Workshop**

**Date of Activity:** from 30<sup>th</sup> November, 2011 to 2<sup>nd</sup> December, 2011

**Number of people reached: 18**

**Budget Allocation: K 6,217,500**

**Budget Reference Number: 4**

#### **Introduction**

The SWEZAM project conducted a Parent-child dialogue workshop for Parents and their children from **30<sup>th</sup> November, 2011 to 2<sup>nd</sup> December, 2011**. The workshop targeted 12 parents and 6 youths. The first day only had 7 parents. The Second day had eight parents and the third day have 10 parents



attending.

The workshop main highlight was; the attending of The Copperbelt United church of Zambia (U.C.Z) overseer and Bishop, SWEZAM Board Treasurer and the Certificate presentation by the MEF director.

The workshop was facilitated by Mr Ignatius Mukunto- Acting Head of Programmes and Coordinator of Peace and Conflict Studies.

### **The workshop outline**

The parent-child Dialogue workshop presentation approach was conducted through group discussions plenary sessions, exchange of personal and family experiences. The youth engaged the parents on gender and communication breakdown in homes. The youth wondered why there was less of that in homes. The discussions were rich and met the overall



objectives of the workshop which was; creating an open forum/dialogue between parents and children. The parents that were present wanted to hear the view of the visitor from Sweden (SWEZAM board treasurer) how the situation is when it comes to parents and their children in line with gender matters and cultural matters In responding to the questions, the board treasurer explained though there is openness between parents and children in Sweden talk freely and openly, the other issues are very common to the Zambian setup.

The parents and the youth engaged/discussed in groups and presentations under the topics below;

- ✓ **Definitions of concepts –Gender**



## and Stereotypes

- ✓ Gender Roles in Homes
- ✓ Dialogue versus Debate
- ✓ Communication in Homes
- ✓ Interpersonal Communication Skills
- ✓ Gender Stereotyping of Attributes in Homes
- ✓ Power and Gender Stereotypes in Homes

### Workshop closure

The workshop was officially closed by the MEF director in the company of the SWEZAM board treasurer. He thanked the parents for coming and engaging in the various topics. He further thanked the Board treasurer for the continued support and the visit to MEF and the SWEZAM project. Thereafter, he presented the certificates of attendance to all the parents.

In the vote of thanks, Mr. Tresfold Chesla thanked the director and the SWEZAM board treasurer for coming up with a workshop of that nature and he confessed on behalf of the parents that they had learnt a lot in the three days they were attending. After the vote of thanks, the parents, the youth, the facilitator, the director and the board treasurer went out for a group photo



## World AIDS Day Commemoration event

**Date of Activity: 10<sup>th</sup> December,2011**

**Number of people reached: 78**

**Budget Allocation: K 7,815,500**

**Budget Reference Number: 8.4**

### Introduction

SWEZAM Project World Aids day commemoration is one of theme day activity which is always held every year in the month of December. This year's event was held on the 10<sup>th</sup> December, 2011 in conjunction with the American corner and Kamaptia AIDS group, one of the AIDS group from one of the communities with Kitwe. Under the theme: **"Getting to Zero Discrimination, AIDS Related Deaths and Infections"**.



The event included a slot in the programme that tackled voluntary counselling and testing (VCT) talk and the actual testing. Additionally the event was wonderfully attended making both a success and colorful☺

### Arrivals and official opening remarks

The invited guests started to arrive at 08:30hrs.

This year's event/commemoration moderators were Petronella Kapopo from Youth Club Two and Nelson Nyondo the President for Sacred Heart High School SWEZAM Youth club welcomed the charismatically welcomed everyone who was present.

The commemoration/event was officially opened by the Management Accountant Officer –Mr Tyson Mumbi, who also happens to be the SWEZAM



project Committee member. In his welcoming remarks, Mr Mumbi thanked all the parents and guardians of SWEZAM Project Members for attending the function. He stated that HIV/AIDS was day to day harsh reality which we are living with. However, we must not lose any hope as the bible has the answers to this challenge. He ended by encouraging the parents to speak openly to their children as regards to HIV/AIDS. Furthermore, he emphasized that we can only get to zero discriminations, AIDS related deaths and infections if we all embrace the love for one Another

### **SWEZAM Background and Routine dance**

Annette Musonda a SWEZAM Senior youth member went on to give the background of SWEZAM.(refer to attachment) After the background the members showcased their skills by doing a Routine dance on which every member participated in this dance which prepared the SWEZAM members physiologically ready for the other upcoming performances in the programme.



### **Testimony from some living with HIV/AIDS**

The testimony was given by one of the members of the Kamatipa AIDS group. His presentation dwelt so much on discrimination and how it has become so challenging for people living with AIDS to cope. He further lamented how in communities when someone is thin he/she is automatically accused of carrying the virus (HIV). He explained that although a number measures have been put in place the government curve out discrimination more has to done in the communities especially the poor communities. He concluded that, this is why a number of people are falling to come out in the open due to fear of being stigmatized and discriminated against. He proved to the audience using pictorial images that one cannot surely tell by looking that so and so have HIV virus. This was to the amusement of the audience and when was done, the audience gave him a standing ovation.

## **Poem and Speech from the SWEZAM Members**

The SWEZAM member went on to communicate with audience by citing a poem which was written in line with the theme. The poem was well received by the audience. The speech was presented by Mando Mwewa a former President for Helen Kaunda High School SWEZAM Youth Club. (Find as Attachment both the poem and Speech)

## **VCT Talk and Speech by American Corner on AIDS effects on Women**

VCT talk was handled by Mr. Lupiya Phiri from New start center his talk was nicely presented evidenced by how the audience was participating in asking questions and responding to his questions. He talked about how a lot of people have wrong beliefs and myths when it comes to VCT and that has to correct. Thereafter his speech he appealed to the audience present to do VCT which his colleagues had setup in the next classroom. The response was good as a total number of 60 were counseled and tested this included a large majority of SWEZAM project members. All came out negative with only one parent(female) testing positive and she was advised where to go so that she can start the treatment.



The American corner coordinator Ms Emmy Phiri gave a speech on AIDS effect on women, (refer to



attachment).....

### **Acting the Main Play and Vote Of Thanks**

The title of the play was called: "counterfeit." The play has mixture of characters reaching both the parents and youth with a strong message of parents talking to their children openly about sex and sexuality as when the don't do that the children learn about sex in a wrong manner leading to the contraction of HIV/AIDS and falling pregnant. To the youths it was a message of choosing friends carefully as bad friends usually misleads them to doing vices that also lead to the contraction of HIV/AIDS. The SWEZAM project actors and actresses worked hard in preparing to come and act the play and so they acted with a lot of effort and their acting skills were above reproach!!!!



The vote of thanks was given by Maseka C. Wesley a former Chamboli High SWEZAM Youth Club President. (Refer to attachment)

### **Lunch and cutting of the symbolic cake**

After all the presentations where made. All the invited guests were invited for lunch in the dining hall and after lunch the parents were invited to cake the symbolic cake. This was another exciting moment for parents as the youths watched with a lot of jubilation!



## **WORLD AIDS DAY LIVE INTERVIEW ON NATIONAL TELEVISION**

On 1<sup>st</sup> December 2011, one of the SWEZAM project senior youth club leader from Youth One-Jeff Kashimu was interviewed live on National Television (ZNBC) youth Zone programme. The Interview was based on the what the SWZAM project was doing and involved in pertaining to the 2011 World's AIDS theme Which was: **"getting to ZERO"** He explained that the SWEZAM project had a number of activities which fall in line with one of its thematic areas- HIV/AIDS. to mention but few SWEZAM through its clubs in High Schools carries out its Behavioral change activities amongst high school pupils with a view of making the pupils know the preventive measures of HIV/AIDS contraction. Furthermore the project believes in pupil participatory approaches and therefore it runs inter-school public speaking competition (debate) by doing so, one can see and conclude that the SWEZAM project is in the forefront of reaching the youth a with the message of awareness, sensitization and prevention methods.

## **CONCLUSION**

Quarter four was the most active one, considering that the funding was late coming. The quarter under review was an eye opener in terms of measuring the impact of the SWEZAM project activities and how to best work with the target group e.g patrons and matrons in 2012 and beyond.

Here ends the report!!!

### **Cc:**

**Director  
HOP  
Projects Administrative Officer**